

# MOTIVATIONAL INTERVIEWING TRAINING



Motivational Interviewing (MI) is an evidence-based communication approach for strengthening a person's own motivation and guiding the person towards a goal.

## WHY CHOOSE LDI?

### Quality Standards

LDI follows evidence-based approaches, utilizes trainers who are members of MINT, and complies with current best practices in the field of training. LDI is an IACET accredited provider – meaning that our policies and processes meet the ANSI/IACET Standard for Continuing Education and Training. Our materials are driven by performance-based objectives, incorporate adult learning principles, and include pre- and post-assessments.

### Customization

LDI customizes training to fit with the job responsibilities and work environment of your organization. We use targeted, real-world scenarios to ensure transfer of knowledge and skills that enhance job performance. And, our services are scalable from small groups to large agencies.

## FLEXIBLE OPTIONS TO MEET YOUR NEEDS

- **eLearning**

E-learning is an efficient option for teaching introductory topics and illustrating concepts. Our MI-INTRO® course allows staff to gain an understanding of MI principles and practices 24/7 – whenever and wherever they like.

- **Instructor-led Classroom or Webinar**

There's no substitute for training with a skilled instructor, because it provides for highly engaging and dynamic interactions with your staff. Experiential activities, demonstrations, role plays, and discussions are used to solidify confidence and competence.

- **Blended Learning**

Blended learning options include both e-learning and instructor-led training (either live or via webinar).

- **Coaching & Consultation**

For effective long-term implementation, LDI offers additional services as needed. We can help with program design and implementation, follow-up feedback and coaching, and monitoring and documenting staff proficiency. A Train-the-Trainer option also is available.



**CONTACT US  
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